



Update 31/03/2025

## CMAS Belgium Freediving Competition

### INDOOR SENIOR CATEGORY BELGIAN RECORDS

STA	01 - STA - STATIC APNEA						
	Gender	Record	Athlete	Club	Date of Record	Place of Record	Status
	MEN	06:59,58	Marc Frognet	Royal Woluwe CP	23/06/2019	Istanbul (TR) Ch d'Europe	Approved
	WOMEN	05:41,30	Véronique Renard	Royal Woluwe CP	9/03/2025	Abbeville (F)	Approved
	WOMEN	05:41	Anne-Sophie Rodriguez-Gonzales	EPSM	23/05/2025	Athens (GR)	Approved
DYN-50	02 - DYN - DYNAMIC WITH FIN (POOL-50 m.)						
	Gender	Record	Athlete	Club	Date of Record	Place of Record	Status
	MEN	226,50	Hubert Lancelot	ASAC	24/05/2025	Athens (GR)	Approved
	WOMEN	142,00	Isabelle Gillet	Royal Woluwe CP	11/06/2016	Lignano (IT) WC	Approved
DYN-25	02 - DYN - DYNAMIC WITH FIN (POOL-25 m.)						
	Gender	Record	Athlete	Club	Date of Record	Place of Record	Status
	MEN	200,00	Diter Braet	Galatea	19/03/2023	Aarschot (B)	Approved
	WOMEN	144,00	Elisabeth Schalenbourg	ScyllaDiving	23/02/2025	Aarschot (B)	Approved
DBF-50	03 - DBF - DYNAMIC WITH BIFINS (POOL-50 m.)						
	Gender	Record	Athlete	Club	Date of Record	Place of Record	Status
	MEN	218,00	Hubert Lancelot	ASAC	21/05/2025	Athens (GR)	Approved
	WOMEN	138,00	Anne-Sophie Rodriguez-Gonzales	EPSM	21/05/2025	Athens (GR)	Approved
DBF-25	03 - DBF - DYNAMIC WITH BIFINS (POOL-25 m.)						
	Gender	Record	Athlete	Club	Date of Record	Place of Record	Status
	MEN	179,00	Peter Vervliet	Jaws/ScyllaDiving	23/02/2025	Aarschot (B)	Approved
	WOMEN	144,00	Elisabeth Schalenbourg	ScyllaDiving	23/02/2025	Aarschot (B)	Approved
DNF-50	04 - DNF - DYNAMIC NO FIN (POOL-50 m.)						
	Gender	Record	Athlete	Club	Date of Record	Place of Record	Status
	MEN	158,00	Hubert Lancelot	ASAC	20/05/2025	Athens (GR)	Approved
	WOMEN	115,85	Caroline Rodriguez-Gonzales	EPSM	6/04/2025	Dunkerque (FR)	Approved
DNF-25	05 - DNF - DYNAMIC NO FIN (POOL-25 m.)						
	Gender	Record	Athlete	Club	Date of Record	Place of Record	Status
	MEN	137,50	Peter Vervliet	Jaws/ScyllaDiving	23/02/2025	Aarschot (B)	Approved
	WOMEN	113,00	Caroline Rodriguez-Gonzales	EPSM	12/06/2025	Woluwe (B)	Approved
SPE100 (2x50)	06 - SPE2X50 - SPEED 100 m (POOL-50 m.)						
	Gender	Record	Athlete	Club	Date of Record	Place of Record	Status
	MEN	00:44,71	Cédric Bourgaux	Royal Woluwe CP	5/11/2016	Mulhouse (F)	Approved
SPE100 (4x25)	06 - SPE4X25 - SPEED 100 m (POOL-25m.)						
	Gender	Record	Athlete	Club	Date of Record	Place of Record	Status
	MEN	00:47,00	Roeland Maes	ScyllaDiving	23/02/2025	Aarschot (B)	Approved
SPE200 (4x50)	07 - SPE4X50 - SPEED 200 m. (4x50) (POOL-50 m.)						
	Gender	Record	Athlete	Club	Date of Record	Place of Record	Status
	MEN	03:11,39	Olivier Renier	Les Diodons	8/07/2024	Belgrade (SRB) WC	Approved
SPE800 (16x50)	08 - SPE16X50 - SPEED 800 m. (16x50) (POOL-50 m.)						
	Gender	Record	Athlete	Club	Date of Record	Place of Record	Status
	MEN	12:38,25	Cédric Bourgaux	Royal Woluwe CP	5/11/2016	Mulhouse (F)	Approved
SPE400 (16X25)	09 - SPE16X25 - SPEED 400 m. (16x25) (POOL-25 m.)						
	Gender	Record	Athlete	Club	Date of Record	Place of Record	Status
	MEN	04:51,50	Cédric Bourgaux	Royal Woluwe CP	12/11/2017	Marcq-en-Baroeul (FR)	Approved
	WOMEN	07:55,00	Elisabeth Schalenbourg	ScyllaDiving	17/03/2024	Aarschot (B)	Approved



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## CMAS Belgium Freediving Competition

### INDOOR MASTER 50 CATEGORY BELGIAN RECORDS

STA	01 - STA - STATIC APNEA						
	Gender	Record	Athlete	Club	Date of Record	Place of Record	Status
	MEN						
WOMEN							

  

DYN-50	02 - DYN - DYNAMIC WITH FIN (POOL-50 m.)						
	Gender	Record	Athlete	Club	Date of Record	Place of Record	Status
	MEN						
WOMEN							

  

DYN-25	02 - DYN - DYNAMIC WITH FIN (POOL-25 m.)						
	Gender	Record	Athlete	Club	Date of Record	Place of Record	Status
	MEN	164,50	Peter Vervliet	ScyllaDiving	17/03/2024	Aarschot	Approved
WOMEN							

  

DBF-50	03 - DBF - DYNAMIC WITH BIFINS (POOL-50 m.)						
	Gender	Record	Athlete	Club	Date of Record	Place of Record	Status
	MEN	151,4	Marc Verstappen	Royal Woluwe CP	10/05/2023	Kuwait WC	Approved
WOMEN							

  

DBF-25	03 - DBF - DYNAMIC WITH BIFINS (POOL-25 m.)						
	Gender	Record	Athlete	Club	Date of Record	Place of Record	Status
	MEN	164,50	Peter Vervliet	ScyllaDiving	17/03/2024	Aarschot	Approved
WOMEN							

  

DNF-50	04 - DNF - DYNAMIC NO FIN (POOL-50 m.)						
	Gender	Record	Athlete	Club	Date of Record	Place of Record	Status
	MEN						
WOMEN							

  

DNF-25	05 - DNF - DYNAMIC NO FIN (POOL-25 m.)						
	Gender	Record	Athlete	Club	Date of Record	Place of Record	Status
	MEN						
WOMEN							

  

SPE100	06 - SPE2X50 - SPEED 100 m (POOL-50 m.)						
	Gender	Record	Athlete	Club	Date of Record	Place of Record	Status
	MEN						
WOMEN							

  

SPE100	06 - SPE4X25 - SPEED 100 m (POOL-25m.)						
	Gender	Record	Athlete	Club	Date of Record	Place of Record	Status
	MEN						
WOMEN							

  

SPE16X50	07 - SPE16X50 - SPEED 800 m. (16x50) (POOL-50 m.)						
	Gender	Record	Athlete	Club	Date of Record	Place of Record	Status
	MEN						
WOMEN							

  

SPE16X25	07 - SPE16X25 - SPEED 400 m. (16x25) (POOL-25 m.)						
	Gender	Record	Athlete	Club	Date of Record	Place of Record	Status
	MEN	7'05",07	Peter Vervliet	ScyllaDiving	17/03/2024	Aarschot	Approved
WOMEN							



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## CMAS Belgium Freediving Competition

### INDOOR MASTER M1 50-59 CATEGORY BELGIAN RECORDS

STA	01 - STA - STATIC APNEA						
	Gender	Record	Athlete	Club	Date of Record	Place of Record	Status
	MEN	6:02	Olivier Renier	Les Diodons	12/12/2024	Woluwe	Approved
WOMEN	3:55	Severine Roman	EPSM	23/05/2025	Athens (GR)	Approved	

  

DYN-50	02 - DYN - DYNAMIC WITH FIN (POOL-50 m.)						
	Gender	Record	Athlete	Club	Date of Record	Place of Record	Status
	MEN	157,00	Brieuc Simon	EPSM	24/05/2025	Athens (GR)	Approved

  

DBF-50	03 - DBF - DYNAMIC WITH BIFINS (POOL-50 m.)						
	Gender	Record	Athlete	Club	Date of Record	Place of Record	Status
	MEN	176,12	Marc Verstappen	Royal Woluwe CP	21/06/2019	Istanbul (TR)	Approved
WOMEN	118,00	Severine Roman	EPSM	21/05/2025	Athens (GR)	Approved	

  

DBF-25	03 - DBF - DYNAMIC WITH BIFINS (POOL-25 m.)						
	Gender	Record	Athlete	Club	Date of Record	Place of Record	Status
	MEN	179,00	Peter Vervliet	Jaws/ScyllaDiving	23/02/2025	Aarschot (B)	Approved

  

DNF-50	04 - DNF - DYNAMIC NO FIN (POOL-50 m.)						
	Gender	Record	Athlete	Club	Date of Record	Place of Record	Status
	MEN	138,18	Marc Verstappen	Royal Woluwe CP	19/06/2019	Istanbul (TR)	Approved
WOMEN	72,50	Severine Roman	EPSM	20/05/2025	Athens (GR)	Approved	

  

DNF-25	05 - DNF - DYNAMIC NO FIN (POOL-25 m.)						
	Gender	Record	Athlete	Club	Date of Record	Place of Record	Status
	MEN	137,50	Peter Vervliet	Jaws/ScyllaDiving	23/02/2025	Aarschot (B)	Approved

  

SPE100 (2x50)	06 - SPE2X50 - SPEED 100 m (POOL-50 m.)						
	Gender	Record	Athlete	Club	Date of Record	Place of Record	Status
	MEN	01:02,70	Marc Verstappen	Royal Woluwe CP	01-dec-2024	Charleroi (B)	Approved

  

SPE200 (4x50)	07 - SPE4X50 - SPEED200 m. (4x50) (POOL-50 m.)						
	Gender	Record	Athlete	Club	Date of Record	Place of Record	Status
	MEN	03:11,19	Olivier Renier	Les Diodons	8/07/2024	Belgrade WC	Approved

  

SPE400 (16x25)	07 - SPE16X25 - SPEED 400 m. (16x25) (POOL-25 m.)						
	Gender	Record	Athlete	Club	Date of Record	Place of Record	Status
	MEN	06:36,00	Olivier Renier	Les Diodons	12/11/2024	Reims	Approved



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## CMAS Belgium Freediving Competition

### INDOOR **MASTER M2 60-69** CATEGORY BELGIAN RECORDS

STA	01 - STA - STATIC APNEA						
	Gender	Record	Athlete	Club	Date of Record	Place of Record	Status
	WOMEN	5:05	Pascale Gigon	EPSM	23/05/2025	Athens (GR)	Approved

DBF- 50	03 - DBF - DYNAMIC WITH BIFINS (POOL-50 m.)						
	Gender	Record	Athlete	Club	Date of Record	Place of Record	Status
	WOMEN	124,50	Pascale Gigon	EPSM	23/05/2025	Athens (GR)	Approved



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## CMAS Belgium Freediving Competition

### OUTDOOR (SEA) SENIOR CATEGORY BELGIAN RECORDS

CWT	01 - CWT - CONSTANT WEIGHT WITH FIN (SEA)						
	Gender	Record	Athlete	Club	Date of Record	Place of Record	Status
	MEN	107	Sacha Porte	ScyllaDiving	31/07/2024	Dominica	Approved
WOMEN	85	Marine Simonis	Galatea	10/09/2025	Mytikas	Approved	

CWTBF	02 - CWTBF - CONSTANT WEIGHT WITH BIFIN (SEA)						
	Gender	Record	Athlete	Club	Date of Record	Place of Record	Status
	MEN	88	Sacha Porte	ScyllaDiving	31/07/2024	Dominica	Approved
WOMEN	88	Marine Simonis	Galatea	17/09/2025	Mytikas	Approved	

CNF	03 - CNF - CONSTANT WEIGHT NO FIN (SEA)						
	Gender	Record	Athlete	Club	Date of Record	Place of Record	Status
	MEN	61	Sacha Porte	ScyllaDiving	31/07/2024	Dominica	Approved
WOMEN	64	Marine Simonis	Galatea	10/10/2024	CMAS WC Kalamata	Approved	

FIM	04 - FIM - FREE IMMERSION (SEA)						
	Gender	Record	Athlete	Club	Date of Record	Place of Record	Status
	MEN	101	Sacha Porte	ScyllaDiving	29/07/2024	Dominica	Approved
WOMEN	75	Marine Simonis	Galatea	13/09/2025	Mytikas	Approved	



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## CMAS Belgium Freediving Competition

### OUTDOOR (SEA) MASTER M1 50-59 CATEGORY BELGIAN RECORDS

CWT	01 - CWT - CONSTANT WEIGHT WITH FIN (SEA)						
	Gender	Record	Athlete	Club	Date of Record	Place of Record	Status
	MEN	47	Danny Vandosselaer		10/09/2025	Mytikas (GR)	Approved

CWTBF	02 - CWTBF - CONSTANT WEIGHT WITH BIFIN (SEA)						
	Gender	Record	Athlete	Club	Date of Record	Place of Record	Status
	MEN	47	Danny Vandosselaer		17/09/2025	Mytikas (GR)	Approved

CNF	03 - CNF - CONSTANT WEIGHT NO FIN (SEA)						
	Gender	Record	Athlete	Club	Date of Record	Place of Record	Status
	MEN	47	Danny Vandosselaer		15/09/2025	Mytikas (GR)	Approved

FIM	04 - FIM - FREE IMMERSION (SEA)						
	Gender	Record	Athlete	Club	Date of Record	Place of Record	Status
	MEN	47	Danny Vandosselaer		13/09/2025	Mytikas (GR)	Approved